

**GFSD ACCEPTABLE/NON ACCEPTABLE FOOD LIST**  
**School Parties and Birthdays**

**ALL FOODS on the ACCEPTABLE FOODS LIST MUST BE**  
**STORE BOUGHT.**

**Acceptable Foods:**

1. Sandwiches/Subs from a sandwich shop or restaurant
2. Eege's Fruit Drinks
3. 100% Fruit Juice
4. Fresh Fruit
5. Cheese sticks, String Cheese, Cheese and Crackers
6. Vegetable trays with dip
7. Cookies (no frosting) and Muffins – preferably low fat/low sugar
8. Popcorns
9. Pretzels
10. Pizza
11. Granola Bars
12. Plain Tortilla Chips and Salsa (**NO** other chips are allowed)

**Non Acceptable Foods:**

1. Candy
2. Cakes, including Cupcakes
3. Fruit Punch, Soda, Tea, Lemonade, and Coffee
4. Gum
5. Ice Cream
6. Donuts
7. Chips (Only Plain Tortilla Chips are Allowed)

**NOTE:** Birthday celebrations must be approved by administration prior to the event. Birthday food on the acceptable list can be brought during the student's lunchtime. Parents/Guests must stay to serve the birthday treat to students.

**NOTE:** If a non-acceptable food item or a food item that is not on the list is brought for lunch or brought to the school for birthdays or parties, it will be left with the Receptionist. The Receptionist will contact the parent to inform him/her that the food could not be served to the students and the item is available for pickup at the end of day.

# **Cold Lunch – Non Acceptable Foods**

Students bringing a cold lunch to school **MUST NOT** have the following items in their cold lunch:

## **Non Acceptable Foods:**

1. Candy
2. Cakes, including Cupcakes
3. Fruit Punch, Soda, Tea, Lemonade, and Coffee
4. Gum
5. Ice Cream
6. Donuts
7. Chips – The school will allow **Plain Tortilla Chips**. This is the only type of chip allowed for cold lunches.

A copy of this document can be located at [www.griffinfoundation.org](http://www.griffinfoundation.org) under the tab Education-School Menus.