




# January 2021

## SSO/NSLP Pre-K Lunch Menu



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan
*Italian Sandwich Applesauce 1/2c Whole Pickle 3/4c <i>Mustard</i>	*Grilled Cheese Apple Chips 1/2c Carrot 1/2c Celery 1/4c	*Hamburger w/ WG Bun Applesauce 1/2c Ranch Garbanzos 1/2c Carrot 1/4c <i>Ketchup</i>	*Turkey Club Sandwich Craisins 1/2c Garden Salad 3/4c <i>Mayo &amp; Mustard</i>	*PB&J Uncrustable Diced Pear 1/2c Veggie Juice 1/2c Carrot 1/4c	*Chicken Teriyaki w/ WG Rice 100% Orange Juice 1/2c Carrot 1/2c Celery 1/4c	*Chili Cheese Tater Wedges w/Crackers (3) Peaches & Strawberries 1/2c
9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan	15-Jan
*Grape Uncrustable Applesauce 1/2c Carrot 1/2c Celery 1/4c	*Turkey Sandwich Gala Apple 1/2c Whole Pickle 3/4c <i>Mustard</i>	*Nachos & Cheese Raisins 1/2c  Pinto Beans 1/2c Carrot 1/4c <i>Ketchup</i>	*Chicken Nuggets Apple Chips 1/2c Whole Pickle 3/4c <i>Ketchup</i>	*Italian Sandwich Sliced Apples 1/2c Garden Salad 1c <i>Ranch, Mayo &amp; Mustard</i>	*Popcorn Chicken, Corn & Mashed Potato Bowl Mixed Fruit Cup 1/2c Potatoes & Corn (in bowl) 3/4c	*Chicken Alfredo Peaches 1/2c Carrot 1/2c Celery 1/4c
16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan	22-Jan
*Italian Sandwich Pear 1/2c Celery 1/4c Whole Pickle 3/4c <i>Mustard</i>	*Grilled Cheese Apple Chips 1/2c Carrot 1/2c Celery 1/4c	*Spicy or Regular Chicken Patty Sandwich Sliced Apples 1/2c BBQ Beans 1/2c Celery 1/4c <i>Ketchup</i>	*Chicken & Cheese Burrito Orange 1/2c Veggie Juice 1/2c Carrot 1/4c	*Cheesy Breadstick w/Marinara Sauce Apple Chips 1/2c Garden Salad 3/4c <i>Ranch</i>	*Cheeseburger w/ WG Bun  Peaches & Strawberries 1/2c Pickle 3/4c <i>Ranch</i>	*Chili Mac & Cheese Spiced Apples 1/2c Corn 1/2c Carrot 1/4c
23-Jan	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan
*Grape Uncrustable Applesauce 1/2c Celery 1/4c & Carrot 1/2c	*Turkey Sandwich Pear 1/2c Whole Pickle 3/4c <i>Mustard</i>	*Beef Hot Dog Gala Apple 1/2c Ranch Garbanzos 1/2c Carrot 1/4c <i>Ketchup</i>	*Chicken & Waffle  Applesauce 1/2c Veggie Juice 1/2c Carrot 1/4c	*Chicken Corn Dog Apple Chips 1/2c Garden Salad 3/4c <i>Ketchup &amp; Ranch</i>	*Meatball Sub w/ WG Roll Peaches & Strawberries 1/2c Pickle 3/4c	*Oven Roasted Drumstick w/Goldfish Crackers Pearberry Cup 1/2c Corn 1/2c & Carrot 1/4c (Mobile) Tater Tots 1/2c (On-Site)
30-Jan	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb	5-Feb
*Grape Uncrustable Gala Apple 1/2c Carrot 1/2c Celery 1/4c	*Turkey Sandwich Pear 1/2c Whole Pickle 3/4c <i>Mustard</i>	*Bean & Cheese Burrito Raisins 1/2c Veggie Juice 1/2c Carrot 1/4c	*BBQ Chicken Sandwich Craisins 1/2c BBQ Garbanzo Beans 1/2c Carrot 1/4c	*Cheese Pull Apart 100% Orange Juice 1/2c Garden Salad 3/4c	*Orange Chicken & WG Rice Sliced Apples 1/2c Carrot 1/2c Celery 1/4c	*Popcorn Chicken & Tots Bowl Orange 1/2c Tots 1/2c (In Bowl)

**\*This institution is an equal opportunity provider\*\***

\*\*1% white or fat free chocolate milk with each meal\*\*

\*\*Menu items subject to change due to product availability\*\*

Did you know: Studies show that chickpeas were first cultivated in the Middle East around 7500 years BC! Their popularity spread, and they were soon grown and eaten in many ancient civilizations such as Greece, Rome and Egypt!!

