January 2021 SSO/NSLP Pre-K Lunch Menu

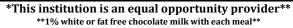




SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan	8-Ja
*Italian Sandwich	*Grilled Cheese	*Hamburger w/ WG Bun	*Turkey Club Sandwich	*PB&J Uncrustable	*Chicken Teriyaki w/ WG Rice	*Chili Cheese Tater Wedges w/Crackers (3)
Applesauce 1/2c	Apple Chips 1/2c	Applesauce 1/2c	Craisins 1/2c	Diced Pear 1/2c	100% Orange Juice 1/2c	Peaches & Strawberries 1/2c
Whole Pickle 3/4c	Carrot 1/2c	Ranch Garbanzos 1/2c	Garden Salad 3/4c	Veggie Juice 1/2c	Carrot 1/2c	
	Celery 1/4c	Carrot 1/4c		Carrot 1/4c	Celery 1/4c	
Mustard		Ketchup	Mayo & Mustard			
9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	•	15-Ja
*Grape Uncrustable	*Turkey Sandwich	*Nachos & Cheese	*Chicken Nuggets	*Italian Sandwich	*Popcorn Chicken, Corn & Mashed Potato Bowl	*Chicken Alfredo
Applesauce 1/2c	Gala Apple 1/2c	Raisins 1/2c	Apple Chips 1/2c	Sliced Apples 1/2c	Mixed Fruit Cup 1/2c	Peaches 1/2c
Carrot 1/2c	Whole Pickle 3/4c	Pinto Beans 1/2c	Whole Pickle 3/4c	Garden Salad 1c	Potatoes & Corn (in bowl) 3/4c	Carrot 1/2c
Celery 1/4c		Carrot 1/4c				Celery 1/4c
	Mustard		Ketchup	Ranch, Mayo & Mustard		
16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan	22-Ja
*Italian Sandwich	*Grilled Cheese	*Spicy or Regular Chicken Patty Sandwich	*Chicken & Cheese Burrito	*Cheesy Breadstick w/Marinara Sauce	*Cheeseburger w/ WG Bun	*Chili Mac & Cheese
Pear 1/2c	Apple Chips 1/2c	Sliced Apples 1/2c	Orange 1/2c	Apple Chips 1/2c	Peaches & Strawberries 1/2c	Spiced Apples 1/2c
Celery 1/4c	Carrot 1/2c	BBQ Beans 1/2c	Veggie Juice 1/2c	Garden Salad 3/4c	Pickle 3/4c	Corn 1/2c
Whole Pickle 3/4c Mustard	Celery 1/4c	Celery 1/4c Ketchup	Carrot 1/4c	Danah	Ranch	Carrot 1/4c
23-Jan			26-Jan	Ranch 27-Jan		29-ja
*Grape Uncrustable	*Turkey Sandwich	*Beef Hot Dog	*Chicken & Waffle	*Chicken Corn Dog	*Meatball Sub w/ WG Roll	*Oven Roasted Drumstick w/Goldfish Crackers
Applesauce 1/2c	Pear 1/2c	Gala Apple 1/2c	Applesauce 1/2c	Apple Chips 1/2c	Peaches & Strawberries 1/2c	Pearberry Cup 1/2c
Celery 1/4c & Carrot 1/2c	Whole Pickle 3/4c	Ranch Garbanzos 1/2c	Veggie Juice 1/2c	Garden Salad 3/4c	Pickle 3/4c	Corn 1/2c & Carrot 1/4c (Mobile)
		Carrot 1/4c	Carrot 1/4c			Tater Tots 1/2c (On-Site)
	Mustard			Ketchup & Ranch		
30-Jan	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb	
*Grape Uncrustable	*Turkey Sandwich	*Bean & Cheese Burrito	* BBQ Chicken Sandwich	*Cheese Pull Apart	*Orange Chicken & WG Rice	*Popcorn Chicken & Tots Bowl
Gala Apple 1/2c	Pear 1/2c	Raisins 1/2c	Craisins 1/2c	100% Orange Juice 1/2c	Sliced Apples 1/2c	Orange 1/2c
Carrot 1/2c	Whole Pickle 3/4c	Veggie Juice 1/2c	BBQ Garbanzo Beans 1/2c	Garden Salad 3/4c	Carrot 1/2c	Tots 1/2c (In Bowl)
Celery 1/4c	·	Carrot 1/4c	Carrot 1/4c	,	Celery 1/4c	
	Mustard					







Menu items subject to change due to product availability

Did you know: Studies show that chickpeas were first cultivated in the Middle East around 7500 years BC!

Their popularity spread, and they were soon grown and eaten in many ancient civilizations such as Greece, Rome and Egypt!!

