




## Feb-21 NSLP/SSO Lunch Menu (K-8)



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30-Jan</b>	<b>31-Jan</b>	<b>1-Feb</b>	<b>2-Feb</b>	<b>3-Feb</b>	<b>4-Feb</b>	<b>5-Feb</b>
*Grape Uncrustable  Gala Apple 1/2c Carrot 1/2c Celery 1/4c	*Chicken Corn Dog  Pear 1/2c Whole Pickle 3/4c  <i>Ketchup</i>	*Bean & Cheese Burrito  Applesauce 1/2c Veggie Juice 1/2c Carrot 1/4c	*BBQ Chicken Sandwich  Craisins 1/2c BBQ Garbanzo Beans 1/2c Carrot 1/4c	*Cheese Pull Apart  100% Orange Juice 1/2c Broccoli 1c	*Orange Chicken & WG Rice  Apples 1/2c Carrot 1/2c Celery 1/4c	*Popcorn Chicken & Tots Bowl  Peaches & Strawberries 1/2c Tots 3/4c (In Bowl) 
<b>6-Feb</b>	<b>7-Feb</b>	<b>8-Feb</b>	<b>9-Feb</b>	<b>10-Feb</b>	<b>11-Feb</b>	<b>12-Feb</b>
*Pancake Sausage Wrap w/String Cheese  Applesauce 1/2c Carrot 1/4c Corn 1/2c	*Grilled Cheese  Apple Chips 1/2c Green Beans 1/2c Celery 1/4c	*Hamburger w/ WG Bun  Apple 1/2c Ranch Garbanzos 1/2c Carrot 1/4c  <i>Ketchup</i>	*Chicken Nuggets  Craisins 1/2c Broccoli 1c  <i>Ketchup &amp; Ranch</i>	*PB&J Uncrustable  Pear-Berry 1/2c Veggie Juice 1/2c Carrot 1/4c	*Chicken Teriyaki w/ WG Rice  100% Orange Juice 1/2c Carrot 1/2c Celery 1/4c	*Chili Cheese Tater Wedges w/Goldfish Crackers (2)  Orange 1/2c Tater Wedges 3/4c (in bowl)
<b>13-Feb</b>	<b>14-Feb</b>	<b>15-Feb</b>	<b>16-Feb</b>	<b>17-Feb</b>	<b>18-Feb</b>	<b>19-Feb</b>
*Grape Uncrustable  Applesauce 1/2c Corn 1/2c Carrot 1/4c	*Yogurt Grab & Go  Gala Apple 1/2c Celery 1/2c Carrot 1/4c	*Nachos & Cheese  Raisins 1/2c Pinto Beans 1/2c (in cheese cup) Carrot 1/4c	*Hot Ham & Cheese Sandwich  Apple Chips 1/2c Whole Pickle 3/4c	*Chicken Corn Dog  Orange 1/2c Broccoli 1c  <i>Ranch &amp; Ketchup</i>	*Popcorn Chicken, Corn & Mashed Potato Bowl  Mixed Fruit Cup 1/2c Potatoes & Corn (in bowl) 3/4c	*Chicken Alfredo  Apple 1/2c Green Beans 1/2c Celery 1/4c
<b>20-Feb</b>	<b>21-Feb</b>	<b>22-Feb</b>	<b>23-Feb</b>	<b>24-Feb</b>	<b>25-Feb</b>	<b>26-Feb</b>
*Peanut Butter Grab & Go w/ Graham Crackers  Raisins 1/2c Celery 1/4c Carrot 1/2c	*Grilled Cheese  Apple Chips 1/2c Corn 1/2c Carrot 1/4c	*Chicken Patty Sandwich  Apple 1/2c BBQ Beans 1/2c Celery 1/4c  <i>Ketchup</i>	*Chicken & Cheese Burrito  Orange 1/2c Veggie Juice 1/2c Carrot 1/4c	*Cheeseburger w/ WG Bun  Pear-Berry 1/2c Broccoli 1c  <i>Ketchup &amp; Ranch</i>	*Oodles of Noodles  Peaches & Strawberries 1/2c Green Beans 1/2c Celery 1/4c	*Chili Mac & Cheese  Mixed Fruit 1/2c Corn 1/2c Carrot 1/4c
<b>27-Feb</b>	<b>28-Feb</b>	<b>1-Mar</b>	<b>2-Mar</b>	<b>3-Mar</b>	<b>4-Mar</b>	<b>5-Mar</b>
*Grape Uncrustable  Orange 1/2c Corn 1/2c Celery 1/4c	*Hot Ham & Cheese  Pear 1/2c Green Beans 1/2c Carrot 1/4c	*Beef Hot Dog  Gala Apple 1/2c Pickle 3/4c Carrot 1/4c  <i>Ketchup</i>	*Chicken & Waffle  Mixed Fruit 1/2c Veggie Juice 1/2c Carrot 1/4c	*Grilled Cheese Sandwich  Orange 1/2c Broccoli 1c  <i>Ranch</i>	*Red Chili Chicken & Rice Bowl  Peaches & Strawberries 1/2c Pinto Beans 1/2c Celery 1/4c	*Cheesy Chicken & Tots w/ Goldfish Crackers (2)  Pearberry Cup 1/2c Tater Tots 3/4c (in bowl)



**\*This institution is an equal opportunity provider\*\***

\*\*1% white or fat free chocolate milk with each meal\*\*

\*\*Menu items subject to change due to product availability\*\*

Did you know: Rice is the oldest known food that is still widely consumed today. Archaeologists can date its consumption back to 5000 BC!!

